

Indoor Leagues

The indoor korfball season takes place between October and May. Dundee play in the Scottish Korfball League (SKL) against teams from Edinburgh, St. Andrews and Glasgow.

Summer Tournaments

In the summer, many clubs hold outdoor tournaments. This enables players to compete against teams from all over the country during the course of a day, and is normally followed by an evening social event.



The adult section at our previous club!

Training

Dundee train in the Allardyce sports hall at [Mayfield Sports Centre](#) (193 Arbroath Road, Dundee DD4 7HS) on **Wednesday** evenings, from **8:00-9:30pm**.

We play indoors most of the year, but outdoors in Summer. See our website for our most up-to-date events calendar.

Costs

Membership of the club costs £10, and regular training sessions cost £5 each for adults. Concessions are available.

The Game

Korfball was invented by a Dutch school teacher in 1902. He wanted a team sport that the boys and girls in his school could play together on equal terms, and that would encourage team-work and co-operation. He called the game korbball after the Dutch word for basket, 'korf'. Korfball is now played by both adults and juniors throughout Europe and as far afield as Australia and New Zealand, and continues to grow rapidly.

The Club

Dundee Korfball Club was formed in 2011 to give local people the chance to play korbball.

The club will eventually have separate sections for youths and adults, and will always try to make everyone welcome, whatever their fitness level or sporting ability.



The youth section at Nigel & Mary's previous club!

Need any more information?

Call / text Nigel on 07817 640432

e-mail dundee@korfball.org.uk

or visit www.dundee.korfball.org.uk

DUNDEE KORFBALL CLUB

**Team Sport for
MEN and WOMEN
BOYS and GIRLS**

**Club Information &
Introduction to Korfball**

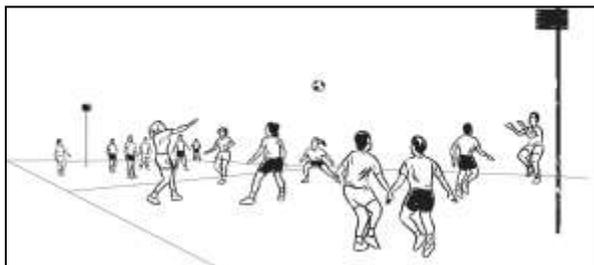
BEGINNERS WELCOME!



www.dundee.korfball.org.uk
dundee@korfball.org.uk

Playing Korfball

Korfball is a sport played by hand by teams of 4 men plus 4 women who try to shoot a ball into a korf (basket). The sport emphasises all-round skills, co-operative play and gender equality.



A korfball team of 8 players divides into 2 "divisions", with 2 men and 2 women in each. The playing area consists of two large squares, joined along the centre line, each with a korfball post set in one-third from the back line. One division starts in attack, the other in defence. Every 2 goals, the divisions swap ends and roles. There are no fixed 'positions', everyone spends time attacking and defending. Men defend men, and women defend women. A korfball match is 1 hour long, with a 5 minute break at half-time.

Some Basic Rules

No running with the ball or dribbling.
No deliberate physical contact.
During normal play, no time limit with the ball.

Shooting

An attacker must break free from his/her defender in order to take a shot. This can be done either by:

- Making distance back from the defender away from the korfball post – a "long shot".
- Running past the defender towards the korfball post – a "running-in shot".

Distinct techniques have been developed as the most effective ways to execute these shots, but these are not compulsory – players can improvise.



Defending

Goals can only be scored when a player breaks free from his/her defender. An attacker is "defended" when a defender of the same sex is:

- Between the attacker and the korfball post.
- Able to touch the attacker's torso.
- Facing the attacker and trying to block the ball.

An attacker who takes a shot while defended gives away a re-start to the defending team.

When defending, try to stay between your attacker and the post.



Collecting

Before shooting, it is useful for one of the attacking division to take a position under the post in order to collect and recycle the ball if the shot misses. Any of the attacking division can take this position, known as "collector".

Feeding

Another useful position that can be taken by any of the attacking division. The "feeder" stands facing outwards from the post area and distributes the ball to other attackers who have broken free from their defenders, either for a long shot or a running-in shot.



Re-start

A re-start is awarded for a minor infringement. The pass must be made within 4 seconds of the referee's whistle, cannot be actively defended, and must travel at least 2.5 metres. The same rules apply to throw-ins from the sidelines and re-starts from the centre of court.

Free Pass

A free pass occurs after a serious infringement. It is taken from the penalty spot and all other players must stand 2.5 metres away. The pass must be taken within 4 seconds of the referee's whistle. A goal may not be scored directly from a free pass.

Penalty

A penalty is awarded when an infringement prevents a free scoring chance. The penalty taker shoots from 2.5 metres in front of the post. All other players must stand 2.5 metres away from the post and the penalty taker. There is no time limit.